

Fast Facts for Forming a Dragon Boat Team



The Dragon Boat:

- The sport of Dragon Boat racing stems from an ancient Chinese legend and is over 2500 years old!
- Each Dragon Boat has 5 rows and seats 10 paddlers.
- A steersperson uses a 9 foot oar as a rudder, standing in the stern.
- A drummer sits in a seat at the bow, facing the crew.

Roster:

- 10 Paddlers, minimum of 4 female paddlers, must be in the boat at all times.
- 1 drummer (minimum age of 12 years old).
- 3 alternate paddlers allowed and can be rotated in any way that your team would like.
- All paddlers must be 14 years of age or older.
- High Five Dragon Boat provides a steersperson for all teams that need one.

Cost:

- Registration Fee is \$525 per corporate team, \$425 per community team, and \$325 per club team. Clubs may enter additional teams for \$275 each. Each team will receive 5 complimentary parking passes. All other vehicles must pay \$5 parking fee.
- All of the necessary equipment (paddles, life vests) is included.

Practice:

- 1 practice session is included for each registered team and can be scheduled for Friday, Aug 16th by emailing your first and second choice practice times to: Practice@highfivedragonboat.com.
- Your Coach/Steersperson will be provided. Practices will include the basics of paddling and the basics of racing.

Equipment:

- Paddles, life vests, boats, drums, and steerspersons will be provided to each team at practice and on the day of the race

Race Day – August 17, 2019:

- The event is located at SunWest Park, 17362 Old Dixie Hwy, Hudson, FL 34667.
- Teams will be assigned a rest area in the park to set up a team tent, chairs, tables and coolers.
- Each team will race in 3 heats, there is no elimination.
- The course is 350 meters in a straight line with 3 lanes.
- Each team will have 60-90 minutes in between heats.
- Division winners will be awarded in a post-racing awards ceremony.

High Five Dragon Boat, LLC

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